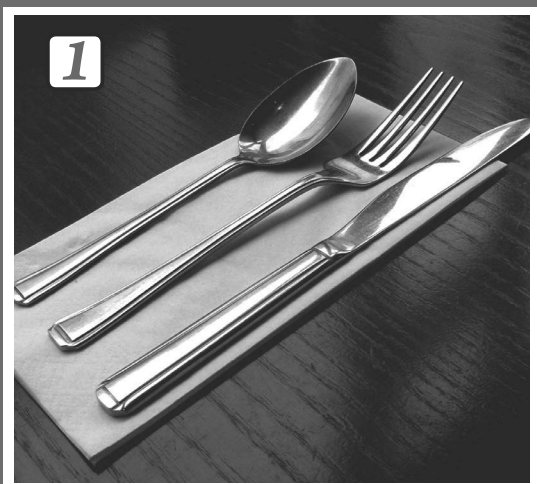




# EATING HABITS

## GIVE IT A TRY

A Listen and number the pictures.



Listen again. Then number and fill in the blanks.

## Word Box


Microwavable meals / local farmers /  
along with / uncooked fish / fresh food /  
platters of food / cautious / eating utensils /  
preservatives and ingredients / Say with /  
help themselves / tell the difference

- 3 A lot of people are cautious about eating sushi. Because of uncooked fish, some believe it is disgusting, but millions everywhere enjoy it.
- 6 Microwavable meals may be convenient, but they typically come with preservatives and ingredients that make the dish bland and unhealthy.
- 5 Organic and fresh food can taste better than the food at a supermarket. Knowing exactly where your food is from helps your local farmers.
- 2 At parties, it's convenient for hosts to have platters of food for guests to enjoy. Having everything in one location, people can help themselves to the food they like.
- 1 Many people have different eating utensils for their food. Western countries have lots of spoons, forks, and knives along with their dishes.
- 4 Vegetarian food is just as delicious as anything else. Say with some pasta for example, you won't even tell the difference that it was vegetarian.

## SPEAK UP

Answer the questions.

1. What is the strangest food you have ever eaten?
2. What food from another country do you want to try? Why?
3. What are famous dishes from other countries around the world?
4. Do you like spicy food? Why or why not?
5. What is the most important meal of the day in your country?

**B** Listen and look at the picture.  
Choose the best statement.  MP3 / 70

1. C



2. D



3. B



UNIT  
9



## Spicy and Yummy

Karen: Ben, are you **available**<sup>1</sup> tonight?

Ben: Yes, any interesting plans tonight?  
Karaoke?

Karen: Probably. After enjoying some tasty cuisine, we can sing for sure.

Ben: **What are we going to have** ?  
Korean, Thai, Indian, Italian, or French food?

Karen: **How about** Indian food?  
I miss the Indian-style bread and the **crispy**<sup>2</sup> snacks.

Ben: You mean naan and poppadum?

Karen: Yeah, exactly! Ben, you really know your food. So, are you an Indian food lover?

Ben: Yes, I am. The smell of nutmeg in Indian tea always **cheers** me **up**<sup>3</sup>.

Karen: Sure, a tiny bit of spice always makes food magical!

Ben: I totally agree with you. And guess what? The **cookware**<sup>4</sup> they use is also amazing. I mean, do you know what they use to cook delicious tandoori chicken?

Karen: The oven?

Ben: A tandoori oven. It's a tall, clay oven used to cook foods over smoky, intense heat.

Karen: OK, OK, **I can't stand this anymore**, Mr. Gourmet.

Ben: Why? Did I say something wrong?

Karen: No, I'm just **too** hungry **to** keep talking to you. I'm starving for Indian food.

Ben: I see. Don't worry, we can go to New Delhi Restaurant without **reserving**<sup>5</sup> a table **beforehand**<sup>6</sup>.  
My uncle is the owner.

Karen: Oh, lucky me! **While** eating, please **remind**<sup>7</sup> me which hand to use!

Ben: Right!

Karen: What?

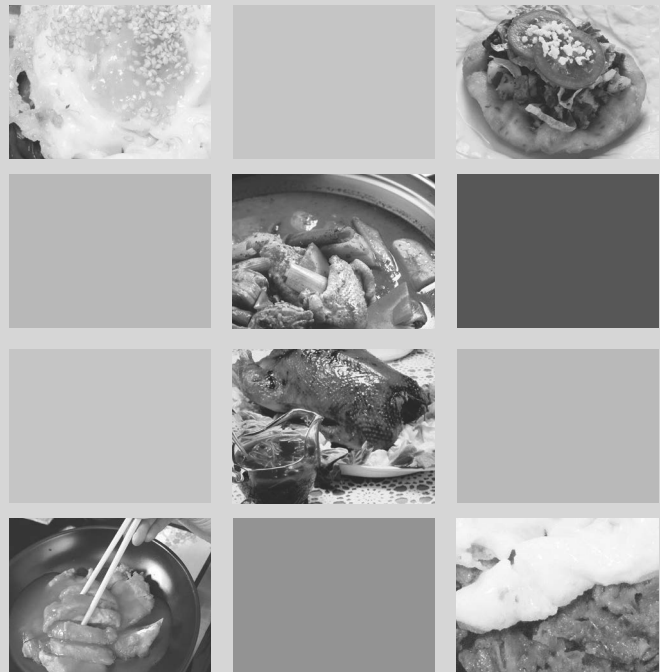
Ben: RIGHT! Your right!



## Language Notes

- \* 1. **available** [əˈveɪləbəl] *adj.*  
Nichole is not available for comment tonight.
2. **crispy** [ˈkrɪspi] *adj.*  
Lawrence bought a bucket of crispy fried chicken.
3. **cheer up** *phr.*  
The news cheered him up.
4. **cookware** [ˈkʊkwɛr] *n.*  
The couple received a new set of cookware as a wedding gift.
5. **reserve** [rɪˈzɜːv] *v.*  
Greg and Tina have reserved a room at the hotel for their honeymoon.
6. **beforehand** [bɪˈfɔː.hænd] *adv.*  
When you give a speech, it's natural to feel nervous beforehand.
7. **remind** [rɪˈmaɪnd] *v.*  
The teacher reminded her students to review their lesson for a quiz next week.

\* Represents GEPT elementary vocabulary



## CONVERSATION REVIEW

Listen and check the correct answer. MP3 / 72

1. ☐ a. Single ☒ b. Free ☐ c. On sale
2. ☐ a. To go on a picnic  
☒ b. To go for tasty food  
☐ c. To see a movie
3. ☐ a. Korean ☐ b. Thai ☒ c. Indian
4. ☒ a. New Delhi Restaurant  
☐ b. Mr. Gourmet Restaurant  
☐ c. Poppadum Restaurant
5. ☐ a. The restaurant doesn't take reservations.  
☐ b. Karen's uncle works in the restaurant.  
☒ c. The owner of the restaurant is related to Ben.



**BEFORE / AFTER / WHEN / WHILE + V-ING****Subordinate Conjunctions + Present Participle Clauses**

Before
You should study what you have learned again <b>before taking</b> your test.
Diana often drinks coffee at home <b>before driving</b> to work.
<b>Before going</b> to another country, people have to fill out a lot of paperwork.
After
<b>After dancing</b> for six hours last night, Myla was too exhausted to get up.
<b>After enjoying</b> some delicious food, my friends and I wanted to sing karaoke.
Molly feels much better <b>after taking</b> medicine in the morning.

**A** Circle the correct answer.

- ( Before / After ) repairing the watch, Bob was happy to wear it again.
- I heard that Sharon doesn't brush her teeth ( before / after ) waking up in the morning.
- ( Before / After ) going to a new restaurant, a lot of people read about it on the Internet.
- Paul won't eat fried rice anymore ( before / after ) eating four plates of it last night.
- Val had to take off her boots ( before / after ) stepping onto the clean carpet.

**B** Use the given words to make sentences. (Answers will vary.)

- Before / read a good book / I like to  
Before reading a good book, I like to lie down on a comfortable bed.
- After / cook dinner / won't want to  
After cooking dinner, my mother won't want to do the dishes.
- After / take an important exam / worried about  
After taking an important exam, I am worried about how well I did.
- Before / draw a picture / have to think  
Before drawing a picture, Mark has to think of something new.
- Before / play with the dog / should  
Before playing with the dog, you should ask the owner if it's OK.

When
Nina often eats popcorn <b>when watching</b> movies with her friends.
Kenny never goes on the Internet <b>when working</b> at the office.
<b>When playing</b> the guitar, I want to be able to sing at the same time, too.
While
It is not good to talk or leave your mouth open <b>while eating</b> or <b>drinking</b> .
<b>While taking</b> a shower, Larry often sings his favorite songs.
<b>While cooking</b> food, it is important to pay attention to anything on the stove.

**A** Match.

- |   |   |   |  |
|---|---|---|--|
| ① While brushing his teeth,             | • | • | it's important to have a safe car.     |
| ② You should bring an umbrella with you | • | • | Brittany was late for her math class.  |
| ③ My friend never wants to go out       | • | • | before stepping outside into the rain. |
| ④ After sleeping for 13 hours,          | • | • | Ethan stands in front of the mirror.   |
| ⑤ Before learning how to drive,         | • | • | when feeling sad or lonely.            |

**B** Combine the sentences using the given words.

- ① I always brush my teeth. Then I go to bed. (before)

*I always brush my teeth before going to bed.*

- ② Kelly exercised for three hours. Kelly was very tired. (after)

*After exercising for three hours, Kelly was very tired.*

- ③ They are having dinner. They are watching TV. (while)

*While having dinner, they are watching TV.*

- ④ We were very excited. We won the game. (when)

*We were very excited when winning the game.*

- ⑤ Carrie took some medicine. Then she felt better. (after)

*After taking some medicine, Carrie felt better.*



## LISTENING TEST

**I 聽力測驗：看圖辨義** MP3 / 73  
請聽題目及三個選項，選出與圖案最相符的答案。

1. ☐ A

☐ B

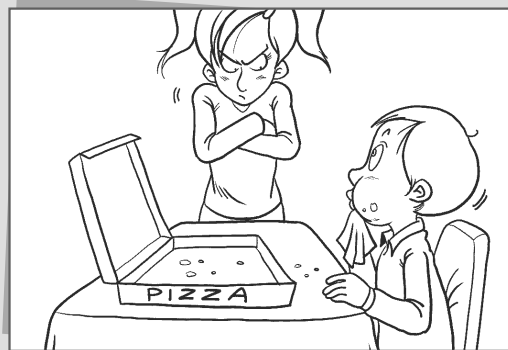
☒ C



3. ☒ A

☐ B

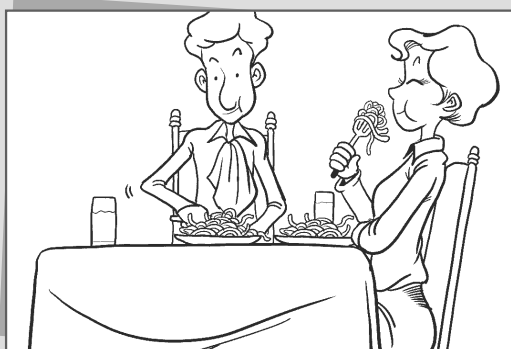
☐ C



2. ☐ A

☒ B

☐ C



4. ☐ A

☒ B

☐ C



**II 聽力測驗：問答** MP3 / 74  
請聽問題，再從三個選項中選出一個最適合的答案。

1. B ☐ A We should go get some sweaters for them.

☒ B We should order some pizza for them.

☐ C We should call the doctor quickly.

2. B ☐ A Wow! I hope she'll be OK.

☒ B You must make her really happy.

☐ C She worries about you a lot.

3. C ☐ A I didn't think it looked very good, either.

☒ B Yes, it was too spicy for me, too.

☐ C Sure. I thought it was great, too.

4. C ☐ A Heat it up in the microwave.

☒ B I bought it at the supermarket.

☐ C It has bacon, corn, and vegetables.

5. C ☐ A Sure! I don't mind being late.

☒ B Yeah! I think it's a better idea to wait.

☐ C Great! I like to be prepared.

6. A ☐ A She's on a diet and can't have any sweets, remember?

☒ B Sounds like a good idea. Why not ask her if she's thirsty?

☐ C No, I don't think she looks very good in brown.



### 聽力測驗：簡短對話 MP3 / 75


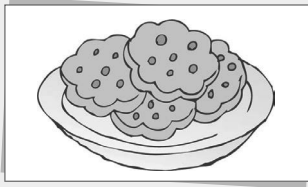


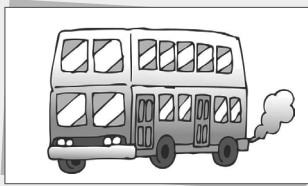
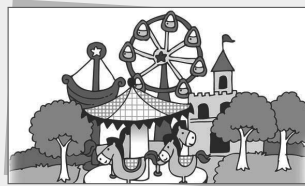






請聽一段對話和一個相關的問題後，再從三個選項中選出一個最適合的答案。

1. C    **A** She's reading about a president.                      **B** She's reading about a mayor.  
             **C** She's reading about a king.
2. C    **A** He's on his way to see her.                                      **B** He's ready to see them.  
             **C** He's not free to talk.
3. A    **A** The chef prepares delicious meals.                      **B** The prices are lower than normal.  
             **C** A band is playing later on.
4. C    **A** He suggests some Japanese food.                      **B** He suggests some American food.  
             **C** He suggests some Korean food.
5. A    **A** He'll probably buy things for the kitchen.  
             **B** He'll probably buy things for the bedroom.  
             **C** He'll probably buy things for the bathroom.
6. C    **A** He's going to buy a cookbook for his wife.  
             **B** He's going to buy some wine to go with the meal.  
             **C** He's going to buy things his wife needs to make his favorite dish.



### 聽力測驗：短文聽解 MP3 / 76

每題有三個圖片選項，請聽題目，並選出一個最適當的圖片。

1. ☐ A  ☐ B  ☒ C 
2. ☐ A  ☒ B  ☐ C 
3. ☒ A  ☐ B  ☐ C 
4. ☒ A  ☐ B  ☐ C 



## A Unique Korean Dish, Dolsot Bibimbap



*apart from once by accident digging in although*



Walk into any Korean restaurant and you are sure to see dolsot bibimbap on the menu. Meaning “mixed rice in a stone pot,” this **delectable**<sup>1</sup> dish is popular throughout the country,  
5 although the city of Jeonju is the most famous for it. But thanks to the spread of Korean culture and cuisine around the world, you don’t have to  
10 travel far for a tasty sample of this uniquely Korean dish.

Many ingredients go into dolsot bibimbap to give it its wonderful flavor and **texture**<sup>2</sup>, including rice, sliced beef  
15 or tofu, green vegetables, nori (a dried **seaweed**<sup>3</sup>), an egg, and perhaps most importantly, kimchi, a **staple**<sup>4</sup> of Korean cooking. But what sets dolsot bibimbap  
20 apart from normal bibimbap is, of course, the special stone pot.

To prepare dolsot bibimbap, first the egg is cooked on the sides of the stone pot, and then sesame oil is added. Next, the rice is  
25 scooped in and finally, the vegetables and other ingredients are



neatly arranged on top. While it might seem wrong to disturb this **culinary**<sup>5</sup>  
30 **masterpiece**<sup>6</sup>, it is recommended that dolsot bibimbap be stirred well before digging in.

Indeed, besides satisfying a growling stomach, dolsot bibimbap is a true feast  
35 for the eyes as well. The dish is **comprised**<sup>7</sup> of five colors, namely, white from the rice, green from the vegetables, yellow from the egg, black from the seaweed, and red from the  
40 kimchi. It is not by accident that these colors represent the five **elements**<sup>8</sup> of nature in traditional Korean thought. According to the philosophy behind healthy eating,  
45 people need a balance of these elements, which dolsot bibimbap provides.

According to **legend**<sup>9</sup>, dolsot bibimbap was once presented to  
50 a Chinese emperor by the Koreans as **tribute**<sup>10</sup> and the dish immediately became one of his favorites. So, next time you’re out, try dolsot bibimbap, a meal fit for a king!

## Language Notes

Synonym: ✓

1. **delectable** [dɪˈlɛktəbəl] *adj.* ✓ *tasty*  
She bought some delectable chocolate candies.
2. **texture** [ˈtɛkstʃə] *n.*  
The drink has a creamy texture.
3. **seaweed** [siˈwiːd] *n.*  
Joan thought the sushi had too much seaweed in it.
4. **staple** [ˈstɛpəl] *n.*  
Rice is one of the staples in Taiwanese food.
5. **culinary** [kʌlɪˈnɛəri] *adj.* ✓ *cooking*  
Deep-dish pizza is one of Chicago's culinary traditions.
6. **masterpiece** [ˈmæstəˌpiːs] *n.*  
It is one of the great masterpieces of European art.
7. **comprise** [kəmˈpraɪz] *v.* ✓ *consist of*  
The committee is comprised of 12 famous people.
8. **element** [ˈɛləmənt] *n.*  
The New York nightlife was a key element in his decision to attend school there.
9. **legend** [ˈlɛdʒənd] *n.*  
The tennis player became a legend in his own lifetime.
10. **tribute** [ˈtrɪbjut] *n.*  
It was a tribute to her teaching methods that so many children passed the test.

## READING REVIEW

Check the correct answer.

1. What does "dolsot bibimbap" mean?
 

<input type="checkbox"/> a. Mixed seaweed in a stone pot	<input type="checkbox"/> b. Mixed egg in a stone pot
<input checked="" type="checkbox"/> c. Mixed rice in a stone pot	<input type="checkbox"/> d. Mixed seafood in a stone pot
2. According to the article, what does "delectable" mean?
 

<input type="checkbox"/> a. Delightful	<input checked="" type="checkbox"/> b. Delicious	<input type="checkbox"/> c. Delicate	<input type="checkbox"/> d. Disgustful
--	--	--------------------------------------	--
3. What are the ingredients in dolsot bibimbap?
 

<input checked="" type="checkbox"/> a. Rice, sliced beef, green vegetables, and kimchi
<input type="checkbox"/> b. Rice, tofu, green tea, eggplant, and seaweed
<input type="checkbox"/> c. Rice, sliced pork, fish, an egg, and kimchi
<input type="checkbox"/> d. Rice, sliced chicken, seafood, eggs, and kimchi
4. What are the five colors of dolsot bibimbap?
 

<input type="checkbox"/> a. White, gray, yellow, blue, and red
<input type="checkbox"/> b. Yellow, red, green, black, and brown
<input checked="" type="checkbox"/> c. Green, yellow, black, red, and white
<input type="checkbox"/> d. Pink, brown, white, red, and blue
5. Which statement is NOT true?
 

<input type="checkbox"/> a. Dolsot bibimbap was once presented to a Chinese emperor.
<input checked="" type="checkbox"/> b. Seoul is the most famous place for dolsot bibimbap.
<input type="checkbox"/> c. These five colors represent the five elements of nature.
<input type="checkbox"/> d. You can have dolsot bibimbap in any Korean restaurant.



# Fried Spring Rolls

## INGREDIENTS

3-4 ounces dried thin sticky rice noodles  
3/4 pound boneless pork  
12 large unshelled shrimp

12 dried large rice paper rounds  
12 leaves of lettuce  
1 large carrot  
1 small cucumber

## PREPARATION

### Filling:

- 1 Place noodles in a pot of boiling water and cover. Wait for 1 minute. Drain, rinse with cold water, and drain again.
- 2 Place pork in a saucepan, add water, and salt. Bring to a boil. Cover saucepan, reduce heat to medium-low and cook 20 minutes. Drain and let cool. Cut into very thin slices.
- 3 Cook shrimp in the same way as pork, but only for 1-2 minutes. Drain and rinse with cold water. Shell and cut each shrimp in half.

### Rolling:

- 1 Put all ingredients on rice paper and roll tightly.
- 2 Prepare oil for deep-frying. Deep fry spring rolls for 2-3 minutes. Serve with sweet & sour sauce.



## GIVE IT A TRY

Share a family recipe.

(Answers will vary.)

### Lemon Chicken

#### INGREDIENTS

1 tablespoon (of) vegetable oil  
2 chicken breasts  
1 can (of) corn soup  
1/4 cup (of) milk  
2 teaspoons (of) lemon juice  
1/8 teaspoon (of) pepper  
2 thin lemon slices

#### PREPARATION

1. In a skillet, cook the chicken with heated vegetable oil for ten minutes or until brown.
2. Combine the soup and milk with chicken. Add the lemon juice and pepper, then mix. Add a lemon slice to each piece of chicken.
3. Reduce heat to low. Simmer for five minutes, stirring constantly.



# I 閱讀能力測驗：詞彙與結構

請依照題意選出最適合的答案。

- |  |   |
|--|---|
| <p><u>C</u> 1. The little café on the corner serves a variety of _____ desserts.<br/>           (A) absent (B) surprised<br/>           (C) delectable (D) difficult</p> | <p><u>B</u> 5. After he felt the _____ pain in his back, he went to the hospital.<br/>           (A) favorite (B) intense<br/>           (C) pleasant (D) necessary</p> |
| <p><u>C</u> 2. I think that _____ tastes delicious with rice.<br/>           (A) leaves (B) seesaws<br/>           (C) seaweed (D) twigs</p>                             | <p><u>A</u> 6. This apartment _____ a bedroom, a bathroom, and a living room.<br/>           (A) comprises (B) compares<br/>           (C) consists (D) completes</p>   |
| <p><u>D</u> 3. It's a famous restaurant. We should _____ a table first.<br/>           (A) serve (B) preserve<br/>           (C) deserve (D) reserve</p>                 | <p><u>C</u> 7. Ben is well-known in our family for his creative _____ skills.<br/>           (A) secondary (B) primary<br/>           (C) culinary (D) necessary</p>    |
| <p><u>B</u> 4. My friends _____ me _____ by telling me funny jokes and stories.<br/>           (A) clear; up (B) cheer; up<br/>           (C) fill; up (D) give; up</p>  | <p><u>A</u> 8. The people presented gifts of gold as _____ to the king.<br/>           (A) tribute (B) standard<br/>           (C) portion (D) celebration</p>          |

# II 閱讀能力測驗：克漏字填空

請從四個選項中選出一個最適合的字詞填入空格中。

Donna and Jason are discussing their plans. Jason confirms that he is ① that evening. They both agree that after enjoying some tasty ②, they will go to karaoke. They have decided to go out for Indian food. Donna misses the ③ snacks. Jason loves Indian food as well. He mentions that the scent of the tea always cheers him up. Then they begin to examine the type of ④ that is used to cook tandoori chicken. Donna finds herself ⑤ after talking about Indian food for so long. They will go to New Delhi Restaurant. They don't need to make a reservation ⑥ because Jason's uncle is the owner.

- |  |  |
|--|--|
| <p><u>A</u> 1. (A) available (B) serious<br/>           (C) possible (D) sudden</p>    | <p><u>D</u> 4. (A) salad (B) plate<br/>           (C) pipe (D) cookware</p>        |
| <p><u>C</u> 2. (A) information (B) programs<br/>           (C) cuisine (D) secrets</p> | <p><u>B</u> 5. (A) correct (B) starving<br/>           (C) tidy (D) surprising</p> |
| <p><u>D</u> 3. (A) shallow (B) sensitive<br/>           (C) electric (D) crispy</p>    | <p><u>B</u> 6. (A) still (B) beforehand<br/>           (C) even (D) nearly</p>     |



閱讀能力測驗：閱讀理解  
請依照文意選出最適合的答案。

**A** Dolsot bibimbap, mixed rice in a stone pot, can be seen on any menu in Korea. Jeonju is the most famous for this delectable dish, but it is popular throughout the whole country. There are many ingredients that go into dolsot bibimbap. They include rice, nori, tofu, green vegetables, eggs, and kimchi, a staple of Korean cooking. Dolsot bibimbap is special because of the stone pot used to prepare this culinary masterpiece. This famous dish satisfies not only a growling stomach but the eyes as well. It is comprised of five colors which represent the five elements of nature in traditional Korean thought. According to Korean philosophy behind healthy eating, dolsot bibimbap provides a balance of these elements.

**B** 1. Which of the following is NOT true about dolsot bibimbap?

- A** It is made of a variety of ingredients.
- B** It is a special kind of seaweed.
- C** It represents a balance of different elements.
- D** It is a very colorful dish.

**D** 2. According to the passage, what kind of dolsot bibimbap is the most famous?

- A** Dolsot bibimbap from North Korea is the most famous.
- B** Dolsot bibimbap from Seoul is the most famous.
- C** Only that from traditional Korean cities is the most famous.
- D** Dolsot bibimbap from Jeonju is the most famous.

**D** 3. What is important in the preparation of dolsot bibimbap?

- A** A pottery bowl is important in the preparation of dolsot bibimbap.
- B** A silver plate is important in the preparation of dolsot bibimbap.
- C** A glass bottle is important in the preparation of dolsot bibimbap.
- D** A stone pot is important in the preparation of dolsot bibimbap.

**B**

Jerry's Diner	
Dessert Menu	
New York Style Cheesecake Made fresh every day	\$5.95
Apple Pie Just like Mom used to make!	\$3.95
Chocolate Cake Rich flavor with peanuts	\$6.95
Blueberry Brownie Great to have with coffee	\$4.95
Add ice cream to any dessert for only \$1!	

**C** 1. What comes with the chocolate cake?

- A** Orange juice      **B** A banana
- C** Peanuts          **D** Strawberries

**B** 2. How much would an apple pie with ice cream cost?

- A** \$5.95      **B** \$4.95
- C** \$3.95      **D** \$2.95



# I 寫作能力測驗：單句寫作

請將標準答案完整地寫出，包括提示之文字及標點符號。

## A 句子改寫 請依題目之提示，將原句改寫成指定型式，並將改寫的句子完整地寫出。

1. I met lots of nice people while I was traveling in Canada. (用分詞改寫)

While traveling in Canada, I met lots of nice people.

2. Sharon was too tired to cook after she walked for two hours. (用分詞改寫)

After walking for two hours, Sharon was too tired to cook.

## B 句子合併 請依照題目指示，將兩句合併成一句，並將合併的句子完整地寫出。

1. Flora visited Lake Louise.

Flora was taking a language course in Canada. (用While合併)

While taking a language course in Canada, Flora visited Lake Louise.

2. Mom was suggesting.

We cleaned the house after we finished doing our homework. (用分詞合併)

Mom was suggesting that we clean the house after finishing doing our homework.

## C 重組 請將題目中所有提示字詞整合成一句有意義的句子，並將重組的句子完整地寫出。

1. While walking at the park, Karen found a kitten lying on the ground.

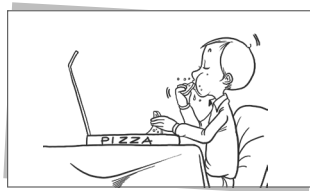
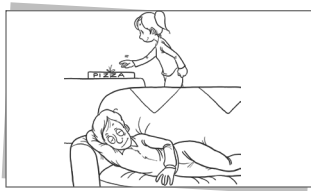
on / found / a / the / walking / at / Karen / kitten / the / ground / park, / lying / While

2. Before buying a gift for his father, Max ensures he has enough money.

a / gift / enough / for / his / Before / ensures / he / buying / father, / has / money / Max

# II 寫作能力測驗：段落寫作

題目：昨天下午男孩剛剛從午睡中醒來，因為肚子很餓，所以把姐姐的披薩給吃光了。結果姐姐非常生氣。請根據這些圖片寫一篇約 50 字的記敘短文。



**Sample Answer:**

After waking up from his long nap yesterday afternoon, the boy was very hungry. He went into the kitchen and saw a pizza box on the table.

He opened it and began eating all of the pizza. Just as he finished the last piece, his sister walked into the kitchen. She was angry that he had finished all of the pizza which she saved for her lunch.